



1937 - 2002



## RESULT

### **CLEVELAND COUREURS/VTTA (North Group) 10 mile TIME TRIAL**

**Held on Sunday 7th July 2024, under CTT Rules & Regulations on the T102 Course.**

**Organiser:** G. Russell, 2 Antrim Avenue, Fairfield, Stockton-on-Tees, TS19 7JF  
Tel: (01642) 654419      Email: gavin\_russell@hotmail.co.uk

**Timekeepers:** **Start:** Mr David Oliver      **Finish:** Mr Don Urwin, assisted by John Grant

**Handicapper:** Mr Gavin Russell      **Marshals:** Paul Kitson & Stuart Russell

**Refreshments:** Ruth Crossley & Wendy Nichol

**A huge thank you** to all our volunteers who turned out for this event, which was blessed with dry, cool weather, with only a breeze to contend with. A 19minute ride to celebrate, with a number of PBs and personal standards achieved. In addition, a special thanks to you the riders who supported this event.

### **FASTEST RIDERS OVERALL: (Open to all riders)**

Pos	Name		Club/Team/Association	Time
1 <sup>st</sup>	Ben	Pease	Moonglu CC	00:19:19
2 <sup>nd</sup>	David	Glew	FTP Race Team	00:20:54
3 <sup>rd</sup>	Matt	Hill	Zurbaran Racing	00:20:56
4 <sup>th</sup>	Michael	Sloanes	Team VC	00:21:03
5 <sup>th</sup>	Ben	Hetherington	HUUB WattShop	00:21:06
6 <sup>th</sup>	John	Hewison	Zurbaran Racing	00:21:16

### **FASTEST WOMEN RIDERS: (Open to all riders)**

Pos	Name		Club/Team/Association	Time
1 <sup>st</sup>	Josie	Smith	Trek Sheffield	00:23:25
2 <sup>nd</sup>	Bethany	Brooksbank	Trek Sheffield	00:23:56
3 <sup>rd</sup>	Sarah	Foulds	Team VC	00:25:40
4 <sup>th</sup>	Sophie	Heighton	Ferryhill Whs	00:27:19
5 <sup>th</sup>	Deborah	Jefferies	Manilla Cycling	00:28:55
6 <sup>th</sup>	Sandra	Main	Cleveland Wheelers CC	00:38:08

### FASTEST VETERANS ON AGE ADJUSTMENT (VTTA Members only)

Pos	Name		Group	Age	Time	Age Adjustment	Adjusted time
1 <sup>st</sup>	Matt	Hill	North	63	20:56	2:14	18:42
2 <sup>nd</sup>	Russ	Richardson	North	67	21:46	2:56	18:50
3 <sup>rd</sup>	David	Nichol	North	72	23:17	3:57	19:20
4 <sup>th</sup>	Jonathan	Reid	N L &L	53	21:03	0:55	20:08
5 <sup>th</sup>	Chris	Yates	Yorkshire	67	23:46	2:56	20:50
6 <sup>th</sup>	Lee	Morley	North	53	23:04	0:55	22:09

### ROAD BIKE CATEGORY RESULT ON FASTEST TIME: OPEN

Pos	Name		Club/Team/Association	Time
1	Chris	Dyke	Team Lifting Gear Products	00:21:19
2	Bethany	Brooksbank	Trek Sheffield	00:23:56
3	Paul	Felce	Team VC	00:24:58
4	Jonathan	Reid	Calder Clarion	00:28:31
5	Deborah	Jefferies	Manilla Cycling	00:28:55
6	Sandra	Main	Cleveland Wheelers CC	00:38:08

### ROAD BIKE CATEGORY RESULT ON FASTEST TIME: WOMEN

Pos	Name		Club/Team/Association	Time
1	Bethany	Brooksbank	Trek Sheffield	00:23:56
2	Deborah	Jefferies	Manilla Cycling	00:28:55
3	Sandra	Main	Cleveland Wheelers CC	00:38:08

### FULL RESULT ON AGE ADJUSTED TIME: (VTTA Members Only)

Pos	Name		Group	Age	Actual	Age adjustment	Adjusted time
1	Matt	Hill	North	63	20:56	2:14	18:42
2	Russ	Richardson	North	67	21:46	2:56	18:50
3	David	Nichol	North	72	23:17	3:57	19:20
4	Jonathan	Reid	N L &L	53	21:03	0:55	20:08
5	Chris	Yates	Yorkshire	67	23:46	2:56	20:50
6	Lee	Morley	North	53	23:04	0:55	22:09
7=	Steven	Fullerton	North	56	23:29	1:16	22:13
7=	Mike	Cole	Yorkshire	79	28:00	5:47	22:13
9	Peter	Macklam	Yorkshire	81	29:11	6:24	22:47
10	Steven	Madeley	North	63	25:30	2:14	23:16
11	Sarah	Foulds	North	43	25:40	2:35	23:05
12	Paul	Brierley	North	57	24:43	2:56	23:20
13	Terry	Parvin	North	64	25:46	2:24	23:22
14	Andy	Delaney	North	55	24:35	1:09	23:26
15	Richard	Napper	N Midlands	56	24:45	1:16	23:29
16	Phil	Wright	North	69	27:19	3:19	24:00
17	Deborah	Jefferies	North	43	28:55	2:35	26:20
18	Paul	Dawson	North	63	28:54	2:14	26:40

# FULL RESULTS

## FULL RESULT ON ACTUAL TIME:

Pos	Name		Club/Team/Association	Age	M/c	Actual
1	Ben	Pease	Moonglu CC	26	TT	00:19:19
2	David	Glew	FTP Race Team	49	TT	00:20:54
3	Matt	Hill	Zurbaran Racing	63	TT	00:20:56
4	Michael	Sloanes	Team VC	38	TT	00:21:03
5	Ben	Hetherington	HUUB WattShop	28	TT	00:21:06
6	John	Hewison	Zurbaran Racing	46	TT	00:21:16
7	Chris	Dyke	Team Lifting Gear Products	40	RB	00:21:19
8	Sam	Straw	ADDFORM Vive Le Velo	34	TT	00:21:37
9	Russ	Richardson	Zurbaran Racing	67	TT	00:21:46
10	Simon	Emsley	Team VC	52	TT	00:21:57
11	Dave	Mann	Moonglu CC	54	TT	00:22:03
12	James	Meadows	Cleveland Wheelers CC	35	TT	00:22:39
13	Mike	Dalton	Stockton Wheelers CC	43	TT	00:22:47
14=	James	Dickson	AIMS Cycling	42	TT	00:23:04
14=	Lee	Morley	Hartlepool CC	53	TT	00:23:04
16	Kevin	Hall	Protech Velo	53	TT	00:23:12
17	David	Nichol	Ferryhill Whs	72	TT	00:23:17
18	Josie	Smith	Trek Sheffield	38	TT	00:23:25
19	Steven	Fullerton	Darlington Cycling Club	56	TT	00:23:29
20	Chris	Yates	Otley CC	67	TT	00:23:46
21	Danny	Short	Vector Racing	37	TT	00:23:52
22	Bethany	Brooksbank	Trek Sheffield	29	RB	00:23:56
23	Andy	Delaney	Northumbria Police C.C.	55	TT	00:24:35
24	Paul	Brierley	Huddersfield RC	57	TT	00:24:43
25	Richard	Napper	Sitwell Cycling Club	56	TT	00:24:45
26	Paul	Felce	Team VC	52	RB	00:24:58
27	Steven	Madeley	Darlington Cycling Club	63	TT	00:25:13
28	Stuart	Raw	Cestria C.C.	32	TT	00:25:14
29	Andrew	Spittlehouse	Calder Clarion	55	TT	00:25:19
30	Sarah	Foulds	Team VC	43	TT	00:25:40
31	Terry	Parvin	Ferryhill Whs	64	TT	00:25:46
32=	Phil	Wright	Hartlepool CC	69	TT	00:27:19
32=	Sophie	Heighton	Ferryhill Whs	17	TT	00:27:19
34	Mike	Cole	Huddersfield RC	79	TT	00:28:00
35	Jonathan	Reid	Calder Clarion	53	RB	00:28:31
36	Tony	Main	Cleveland Wheelers CC	68	TT	00:28:38
37	Paul	Dawson	VTTA (North)	63	TT	00:28:54
38	Deborah	Jefferies	Manilla Cycling	43	RB	00:28:55
39	Peter	Macklam	Yorkshire Road Club	81	TT	00:29:11
40	Sandra	Main	Cleveland Wheelers CC	70	RB	00:38:08
41	John	Quimby	Sowerby Sunday Club	73	TT	DNF

## VTTA North Group Competition – Handicap (VTTA North Group Members Only)

Pos	Name		Club/Team/Association	Age	Actual	H/cp	H/cp Time
1	David	Nichol	Ferryhill Wheelers CC	72	23:17	3:30	19:47
2	Deborah	Jefferies	Manilla Cycling	43	28:55	9:00	19:55
3	Steven	Madeley	Darlington CC	63	25:30	4:45	20:45
4	Lee	Morley	Hartlepool CC	53	23:04	2:15	20:49
5	Sarah	Foulds	Team VC	43	25:40	4:45	20:55
6	Matt	Hill	Zurbaran Racing	63	20:56	0:00	20:56
7	Steven	Fullerton	Darlington CC	56	23:29	2:30	20:59
8	Russ	Richardson	Zurbaran Racing	67	21:46	0:15	21:31
9	Phil	Wright	Hartlepool CC	69	27:19	5:00	22:00
10	Paul	Dawson	VTTA (North)	63	28:54	6:00	22:54
11	Terry	Parvin	Ferryhill Wheelers CC	64	25:46	2:30	23:16

Again a Massive to all those who volunteered, drawn from across Teesside, who assisted in the running of this event. They were: Time Keepers - Don Urwin (Cleveland Coureurs) & Dave Oliver (Hartlepool CC), Number Catcher - John Grant (Hartlepool CC), Marshals: Paul Kitson (Stockton Wheelers CC) & Stuart Russell (Cleveland Coureurs) Tea & Cakes: Ruth Crossley (VTTA North) supported by Wendy Nichol.

All their efforts are much appreciated by the organizer and the competitors alike. Without their help this event and many like it would not be possible.

**To all riders**, thank you once again for supporting this Cleveland Coureurs/VTTA North Group & Teesside event and look forward to seeing you all again (please bring some of your clubmates to swell the ranks of competitors and also increase competition) at the next Teesside event.

**Yours in Sport & Please Keep Safe**

***Gavin***

**Organizing on Behalf of Cleveland Coureurs & VTTA (North Group)**



# Veterans Time Trials Association

## Competitive Cycling for Life

### OVER 40? KEEP ON TIME TRIALLING!



If you are over 40 and into time trialling, then the VTTA is for you

**VTTA age adjusted racing provides equal competition and brings out your best**

- We have members spread across 16 regional groups, providing **UK wide activity**.
- All VTTA events and competitions use our **age adjustments system**, which compensates for age and gender so women and men from 40 to 90+ can compete equally.
- We promote about 100 time trial events a year, including eight **national championships**.
- We run **season long national competitions** over a range of distances.
- We offer indoor smart trainer competition with our **age adjusted Zwift time trial series**.
- We recognise the increasing popularity of **road bikes** in our events and competitions.
- Our **regional groups** also offer competitions, awards and social activities for their own members.
- Riders can also compete 'against themselves' in **individual challenges** called 'Standards', in which your performance is compared against previous seasons.
- We also manage national and group **age records** for men and women at the different time trial distances and on indoor and outdoor velodromes.
- Members receive our quarterly **magazine 'The Veteran'** and our annual **handbook**.

Membership fees vary by group but are typically about £20.

Most VTTA members also retain membership of their cycling club, but you can join and race for us as your main club if you wish.

**JOIN US...**



You can find out more and join any VTTA Group online at:  
**[www.vtta.org.uk](http://www.vtta.org.uk)**

